

Dear parents and carers,

Our school is using the Talking Points schemes of work to deliver the government guidance on Health and Relationships education. It uses picture books as a starting point to get children talking about their own health and mental wellbeing as well as addressing other issues such as managing money and understanding democracy. Its aim is to develop children's understanding of themselves, their emotions and how to deal with others. It also teaches children how to stay safe in many situations and who to speak to if they are ever worried or concerned.

Each two-week Talking Point unit has a question attached and they are listed below with the book that the children will read as a starting point.

	Talking Point Question	Book	Author
1	Why should I exercise?	Get up and go	Nancy Carlson
2	What if I don't like vegetables?	I will not never ever eat a tomato	Lauren Child
3	Are medicines always good?	Dr Molly's medicine Case	Miriam Moss
4	Can I stop myself getting ill?	Do not lick this book	Ioan Ben-Barak
5	What does angry feel like?	In my heart	Jo Witek
6	How do I make you feel?	The selfish crocodile	Faustin Charles
7	Is it right or wrong?	When a dragon comes to stay	Caryl Hart
8	How can I compromise?	The steves	Morag Hood
9	What are rights and responsibilities?	We are all born free	Amnesty International
10	How do I contribute?	Farmer Duck	Martin Waddell
11	How can I save our planet?	Here we are	Oliver Jeffers
12	Where could my money come from?	My rows and piles of coins	Tololwa M. Mollel
13	Do I know my body?	Me and my amazing body	Joan Sweeney
14	What does private really mean?	My body, what I say goes	Jayneen Sanders
15	Who can I trust?	Never talk to strangers	Irma Joyce
16	Should I keep a secret?	Ruby's worry	Tom Percival
17	Am I safe online?	Webster's email	Hannah Whalley
18	What should I aim for?	The dinosaur department store	Lily Murray