



Dear parents and carers,

Our school is using the Talking Points schemes of work to deliver the government guidance on Health and Relationships education. It uses picture books as a starting point to get children talking about their own health and mental wellbeing as well as addressing other issues such as managing money and understanding democracy. Its aim is to develop children's understanding of themselves, their emotions and how to deal with others. It also teaches children how to stay safe in many situations and who to speak to if they are ever worried or concerned.

Each two-week Talking Point unit has a question attached and they are listed below with the book that the children will read as a starting point.

	Talking Point Question	Book	Author
1	What's that feeling I have?	The bear, the piano, the dog and the fiddle	David Litchfield
2	What do I do when my friend is cross?	I hate everything	Sue Graves
3	How do I compromise?	The squirrels who sqabbled	Rachel Bright
4	How do I do emergency first aid?	Charlie is broken	Lauren Child
5	Am I at risk?	Mini Rabbit not lost	John Bond
6	How do I stay safe online?	Chicken clicking	Jeanne Willis
7	Am I safe on my mobile phone?	Elle gets a mobile phone	Nina Du Thaler
8	What can I do about negative thoughts?	Your mind is like the sky	Bronwen Ballard
9	Should I own up?	David gets in trouble	David Shannon
10	Is it ok to hug?	Miles is the boss of his body	Samantha Kurtzman-Counter and Abbie Schiller
11	What's an aspiration?	Stardust	Jeanne Willis
12	What is enterprise?	Ruby's wish	Sharin Yim Bridges
13	What worries me in the world?	The king who banned the dark	Emily Howarth-Booth
14	What is discrimination?	Along came a different	Tom McLaughlin
15	What does it mean to be anti-social?	The bad seed	Jory John
16	How do I support my community?	What can a citizen do?	Dave Eggers
17	What's a volunteer?	A Castle on Viola Street	Dyanne Disalvo
18	Can I volunteer or help others?	The red bicycle	Jude Isabella