

Language
For
Life

Talking
Together

“Sing songs and
rhymes with me!”



Why are songs and rhymes important?



Songs and rhymes are important because they help teach babies and toddlers about:

- Rhythm – following the beat
- Rhyme – how words can sound similar
- Sequence – the order of words

This songbook contains a selection of popular songs and rhymes for you to follow, but it's fine to **make up your own songs too**.

Try **rhymes with actions** and build up anticipation and excitement – for example, in 'Round and Round the Garden'.

Don't worry if your child doesn't join in when you sing, your child will be learning just by listening to you.

Nursery rhymes off the internet, tv or CDs can often be too fast for children to follow and join in with. Try singing the songs again together after they have finished

Visit: www.nottinghamshirehealthcare.nhs.uk/songs-and-rhymes to listen to some rhymes.



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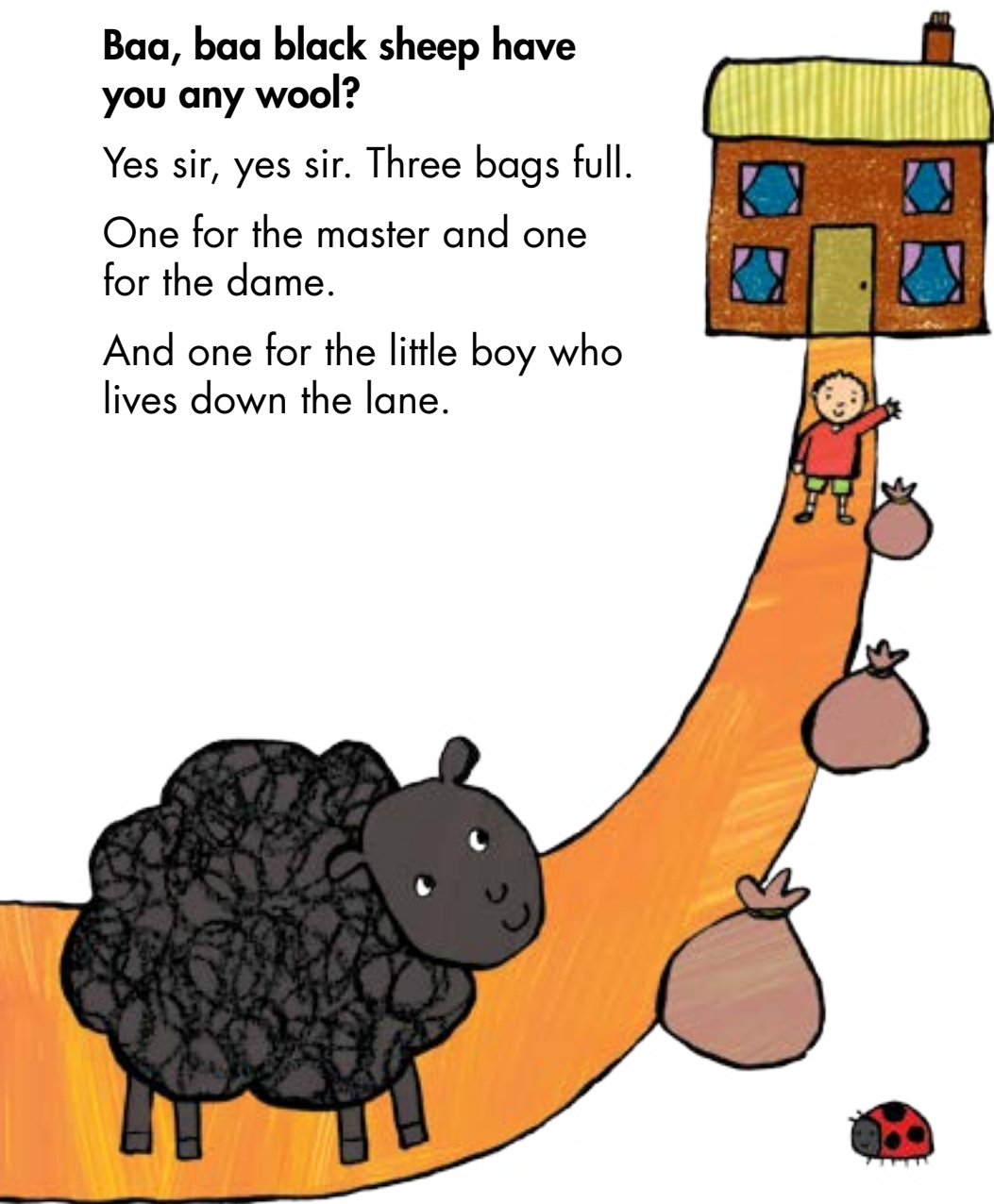


**Baa, baa black sheep have
you any wool?**

Yes sir, yes sir. Three bags full.

One for the master and one
for the dame.

And one for the little boy who
lives down the lane.





Humpty Dumpty sat on a wall.

Humpty Dumpty had a great fall.

All the king's horses and all the
King's men couldn't put Humpty
together again.



Round and round the garden Like a teddy bear.

One step, two step, tickly under there.



Old Macdonald had a farm, E-I-E-I-O.

And on his farm he had a cow, E-I-E-I-O.

With a "moo-moo" here and a "moo-moo" there. Here a "moo" there a "moo". Everywhere a "moo-moo"

Old Macdonald had a farm, E-I-E-I-O.

(Repeat with other animals and their noises)





Ring-a-ring o' roses, a pocket full of
posies, a-tishoo, a-tishoo! We all fall down.





I'm a little teapot, short and stout.

Here's my handle (hand on hip), here's my
spout (other arm out straight).

When the kettle's boiling, hear me shout.

Tip me up and pour me out! (lean over in
direction of spout).



Here we go round the mulberry bush, the mulberry bush,
the mulberry bush, here we go round the mulberry bush, on
a cold and frosty morning.

This is the way we wash our face, wash our face, wash
our face, this is the way we wash our face, on a cold and
frosty morning.

This is the way we brush our hair, brush our hair, brush our
hair, this is the way we brush our hair, on a cold and frosty
morning.

This is the way we clean our teeth, clean our teeth, clean
our teeth, this is the way we clean our teeth, on a cold and
frosty morning.

Remember to do the
actions as you say
this rhyme!





Twinkle, twinkle little star.

How I wonder what you are.

Up above the world so high.

Like a diamond in the sky.

Twinkle, twinkle little star.

How I wonder what you are!

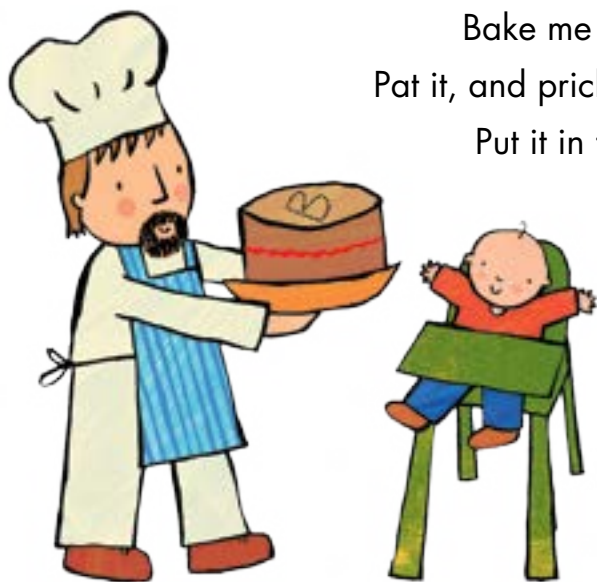


Pat a cake, pat a cake Baker's man!

Bake me a cake as fast as you can.

Pat it, and prick it, and mark it with a 'B'.

Put it in the oven for Baby and me.



The wheels on the bus go round and round, round and round, round and round. The wheels on the bus go round and round, all day long.

The bell on the bus goes ding, ding, ding, ding, ding, ding, ding, ding. The bell on the bus goes ding, ding, ding, all day long.

The doors on the bus open and shut, open and shut, open and shut. The doors on the bus open and shut, all day long.

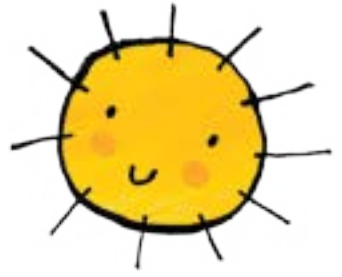
The wipers on the bus go swish, swish, swish, swish, swish, swish, swish, swish. The wipers on the bus go swish, swish, swish all day long.

The horn on the bus goes beep, beep, beep, beep, beep, beep, beep, beep. The horn on the bus goes beep, beep, beep all day long.

The babies on the bus go fast asleep, fast asleep, fast asleep. The babies on the bus go fast asleep all day long.

The people on the bus go up and down, up and down, up and down. The people on the bus go up and down, all day long.



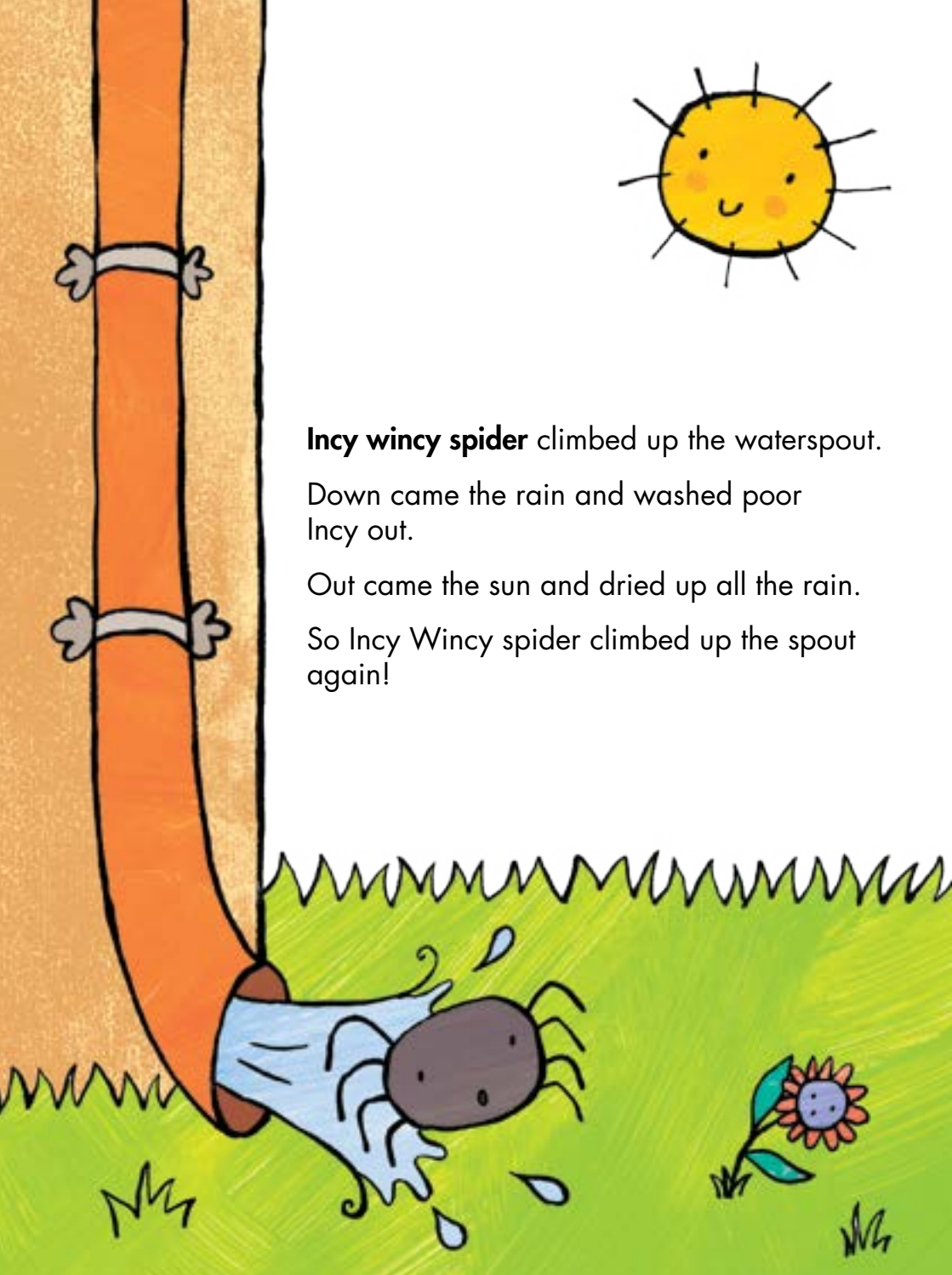


Incy wincy spider climbed up the waterspout.

Down came the rain and washed poor
Incy out.

Out came the sun and dried up all the rain.

So Incy Wincy spider climbed up the spout
again!





Row, row, row your boat gently down the stream,
merrily, merrily, merrily, merrily, life is but a dream.

Row, row, row your boat gently down the stream,
if you see a crocodile, don't forget to scream.



Head, shoulders, knees, and toes, knees and toes.



Head, shoulders, knees, and toes, knees and toes, and eyes, and ears and mouth and nose.

Head, shoulders, knees and toes, knees and toes



If you're happy and you know it, clap your hands. If you're happy and you know it, clap your hands. If you're happy and you know it, and you really want to show it. If you're happy and you know it, clap your hands.

If you're happy and you know it, nod your head. If you're happy and you know it, nod your head. If you're happy and you know it, and you really want to show it. If you're happy and you know it, nod your head.

If you're happy and you know it, stamp your feet. If you're happy and you know it, stamp your feet. If you're happy and you know it, and you really want to show it. If you're happy and you know it, stamp your feet.

If you're happy and you know it, say 'we are'. If you're happy and you know it, say 'we are'. If you're happy and you know it, and you really want to show it. If you're happy and you know it, say 'we are'.





Visit our Language for Life pages for more information about how to support your child's speech, language and communication development.

www.nottinghamshirehealthcare.nhs.uk/language-for-life

www.facebook.com/nottslanguageforlife

For further information contact L4L@nottshc.nhs.uk

