

# How to stay safe online



by **Darcie Wilkinson**

How to stay safe





**S SAFE** Know safe to being careful not to give out personal information - such as your full name, email address, phone number, home address, photos or school name - to people you are chatting with online.

**M MEETING** Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.

**A ACCEPTING** Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems - they may contain viruses or nasty messages.

**R RELIABLE** Information you find on the Internet may not be true, or someone online may be lying about who they are.

**T TELL** Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online. You can report online abuse to the police at [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

**THINK KNOW**

**S Stay Safe**  
Don't give out your personal information to people / places you don't know.

**M Don't Meet Up**  
Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.

**A Accepting Files**  
Accepting emails, files, pictures or texts from people you don't know can cause problems.

**R Reliable?**  
Check information before you believe it. Is the person or website telling the truth?

**T Tell Someone**  
Tell an adult if someone or something makes you feel worried or uncomfortable.

**Follow these SMART tips to keep yourself safe online!**

## Top 10 Ways to Stay Safe Online

- 1 Don't share your personal information.
- 2 Don't share other people's personal information.
- 3 Do not take photos or videos of other students or teachers.
- 4 Only visit websites that your teacher tells you to visit.
- 5 Think before you post or share.
- 6 Do not post or share inappropriate material.
- 7 When something is posted online, you don't know where it goes and who may see it.
- 8 Don't become friends with anyone online unless you know and trust them in the offline world.
- 9 Block, unfriend and report any inappropriate online behaviour.
- 10 Report any bullying to your teacher.

## Top 10 Ways to Stay Safe Online

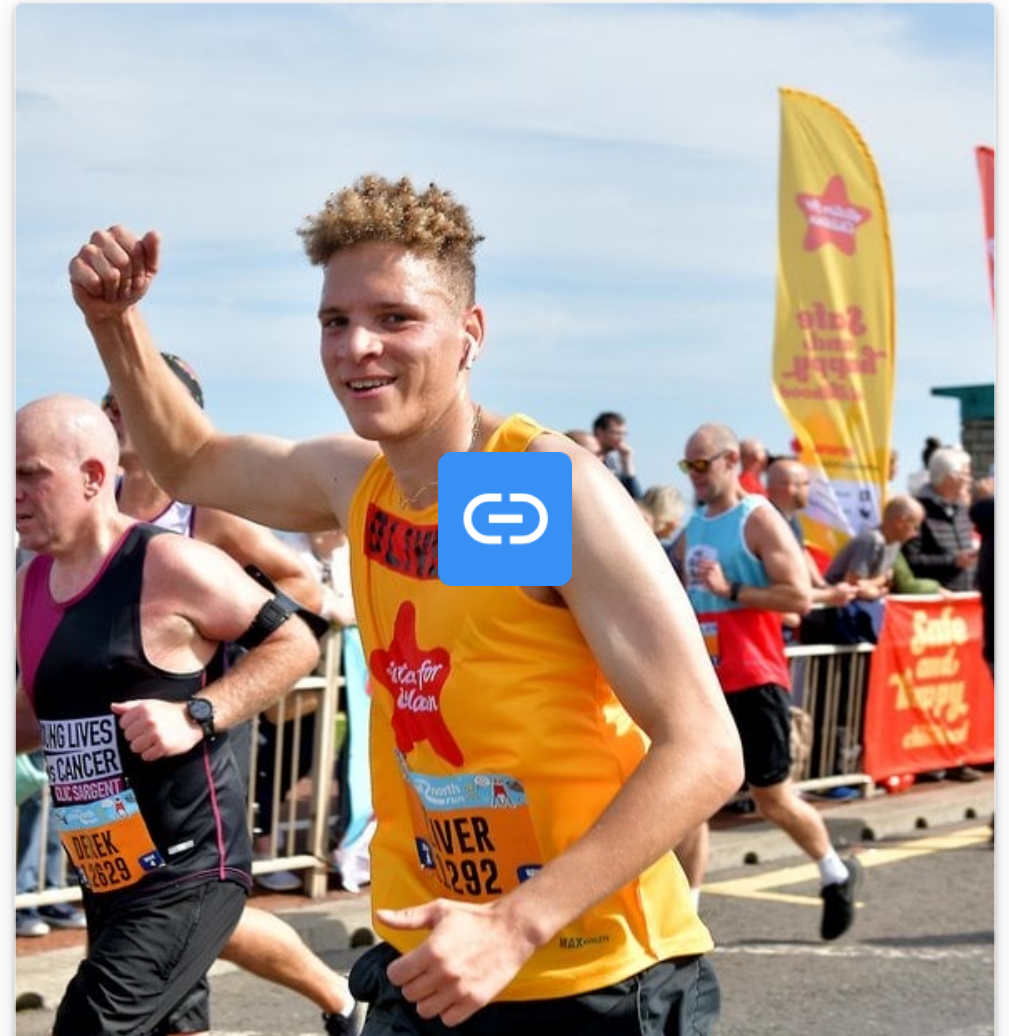
ThinkTalk



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The Children's Society



Action for children



**Thanks for  
reading**

