

How to be safe online



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Read till the end to
find out more



Read on →

S

Be Safe

Keep your personal information safe and secret. Think carefully before you share a photo of yourself or your friends.

Full name	Home address	Phone number
Class	School	Teacher's name
Parents' names	Parents' work addresses	Parents' work phone numbers
Parents' email addresses	Parents' mobile phone numbers	Parents' social media accounts
Parents' bank account numbers	Parents' credit card numbers	Parents' passwords

M

Don't Meet Up

Never arrange to meet an online friend because it can be dangerous. No matter how well you think you know people, they might be pretending.



A

Accepting Emails can be dangerous

If you receive junk mail (called spam) or messages that make you feel uncomfortable, tell an adult that you trust and delete them. Don't reply to them.



R

Reliable?

The Internet is full of friendly people and amazing information. However, sometimes people might say or write things which are untrue, so you should always think carefully before trusting what you see or hear.



T

Tell Someone!

Most of the time that you are online you will have lots of fun. However, if you see anything that makes you feel uncomfortable or worried, make sure that you tell an adult that you trust.



Stay safe online

Remember the 5 SMART rules when using the Internet and mobile phones.



S

SAFE: Keep safe by being careful not to give out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.



m

MEET: Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.



a

ACCEPTING: Accepting emails, text messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!



r

RELIABLE: Information you find on the Internet may not be true, or someone online may be lying about who they are. Make sure you check information before you believe it.



t

TELL: Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.



Find out more at Children's website ...





NSPCC



Staying safe online | Child...



Online Safety (for Parents) - Nemour...

Thanks for reading
till the end

Staying safe online
is important